

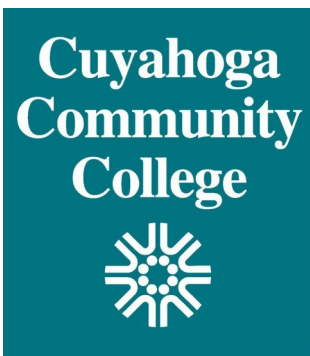


Resilient Families

STRENGTHENING FAMILIES THROUGH EDUCATION

Resilient Families Program Strategy Overview

We catalyze and sustain opportunities to ensure that community resources meet families' needs and empower parents to implement their vision for the healthy development and well-being of their families.



GRANTEE PARTNER: CUYAHOGA COMMUNITY COLLEGE (TRI-C) SATURDAY FAMILY ACADEMY

The Saturday Family Academy was created to increase the educational and career aspirations of the “whole family.” Specifically, Saturday Family Academy promotes education, college and career readiness, career and technical training, leadership development, health and wellness, and financial empowerment.

WHAT WE FUNDED

The Foundation’s grant (\$20,000) enables Tri-C to offer the six-week program twice annually. The Saturday Family Academy brings families together for instruction and advice on topics critical to their ability to succeed in school, in college, and in their career, and to position themselves for successful futures. Each three-hour session consists of small, age-appropriate non-credit classes, including:

- ABC123 Kids Express (self-esteem, literacy and art) (up to age 8);
- Chess instruction (ages 9 to 13);
- College and career readiness and leadership development (ages 14 to 18);
- Parenting strategies, college and career readiness, health and wellness, and financial empowerment (adults, parents and guardians).

The learning continues through a “working lunch” where participants share with each other what they’ve learned, providing a starting point for further conversations, and enjoy a cultural arts presentation together as a family unit.

GOALS FOR THIS GRANT	THE APPROACH WE SUPPORT	IMPACT
<p>To instill participants with knowledge and tools necessary for success:</p> <ul style="list-style-type: none"> • As an individual: <ul style="list-style-type: none"> ○ Self-esteem; ○ Confidence; ○ Study skills, college readiness, career paths, leadership; ○ Leveraging on the strengths and talents of family members. • As the parent of a student: <ul style="list-style-type: none"> ○ Goal planning; ○ Financial empowerment; ○ Teamwork; ○ Family communication; ○ Parent-teacher partnerships; ○ Accessing community resources; ○ Networking. 	<p>Offering a free, convenient, family-friendly experience that:</p> <ul style="list-style-type: none"> • Encourages family bonding and resiliency; • Promotes community, with families learning together; • Brings families and students into a college campus environment; • Combines learning with self-esteem and motivational components; • Instills in participants the sense that they can plan for and achieve success. 	<ul style="list-style-type: none"> • Older students and parents/ caregivers will learn about potential career paths and chart educational pathways to pursue those careers; • Younger family members will develop new skills and gain confidence in their abilities; • Parents/caregivers will connect with resources that enhance and support their personal, educational and career aspirations; • Parents/caregivers will learn how to collaborate with educators to support the success of their children; • All family members will enjoy learning together.