



DELIVERING INTEGRATED HEALTH SERVICES TO THOSE WHO NEED IT MOST

Healthy People Program Strategy Overview

We seek to influence policies and practices that increase opportunities for healthy eating and active living and, ultimately, promote healthier living and the reduction of obesity.

GRANTEE PARTNER: FRONTLINE SERVICE

FrontLine Service provides behavioral health and supportive services for nearly 30,000 adults and children annually, including the homeless, those severely mentally disabled, those in psychiatric crisis, and adults and children in trauma.



WHAT IS THE NEED?

- Persons with Severe Mental Illness have significantly shorter life expectancies than the general population;
- Individuals with Severe Mental Illness and substance abuse disorders experience poor health outcomes;
- Those with psychotic disorders are 2 to 3 times more likely to have heart and metabolic diseases, and are twice as likely to die earlier than persons in the general population, sometimes by 15 to 30 years;
- Most (70%) Housing First clients seek Emergency Rooms for care. Housing First is an approach to ending homelessness that provides housing as quickly as possible for people who experience homelessness, then provides follow-up services as needed.
 - Many Housing First clients also use antipsychotics that cause weight gain and elevate blood sugar;
 - Others engage in lifestyle behaviors that contribute to poor health and premature death.

WHAT WE FUNDED

The Foundation's grant (\$232,349) supports FrontLine's Primary and Behavioral Health Planning and Integration Initiative, which funds uncompensated services, care planning and coordination related to the delivery of integrated care.

GOALS FOR THIS GRANT

- Integrated care (primary and behavioral health care) for homeless and formerly homeless mentally ill persons;
- Increased capacity to provide new and expanded services;
- Improved health outcomes through prevention, wellness and treatment;
- Reduction in the over-utilization of emergency rooms, hospitals and crisis care.

THE APPROACH WE SUPPORT

Initiatives include:

- Deploying a mobile clinic to provide integrated care to clients in Housing First sites;
- Developing an on-site integrated clinic for outreach, shelter, transitional, and permanently housed clients who were previously homeless;
- Establishing disease prevention, health promotion and wellness initiatives for persons with metabolic disorders;
- Developing an electronic health record that can interface with other community health organizations.

IMPACT

- A partnership with Care Alliance for joint provision of primary and behavioral healthcare services;
- 3,080 hours of case planning and care coordination for the mobile clinic;
- Weekly hours of psychiatric-physician consultation for Housing First cases;
- Provide integrated primary and behavioral health services for 200 Housing First residents;
- Development of collaborative strategies with other community partners.