



**Healthy  
People**



## Bringing Health Front and Center

People who are healthy in body, mind and spirit lead richer, more productive lives. At Saint Luke's Foundation, health lies at the heart of our commitment to individuals, families and communities throughout Greater Cleveland.

Our Healthy People program strategy catalyzes and sustains opportunities to improve community health through the health home model of care and the reduction of obesity. A health home model of care starts with the person at its center. A health home model of care creates and nurtures partnerships between healthcare providers and the community through the exchange of health information and the delivery of comprehensive and coordinated care by a culturally competent workforce.

Our Healthy People program strategy is twofold. We seek to invest in building the capacity of organizations to create a health home model of care with engaged and connected community members at its core. We also seek to influence

policies that increase opportunities for healthy eating and active living, as well as invest in connections and capacity for social support toward healthier living and the reduction of obesity.

**For our Healthy People program strategy, we seek to partner with grantee organizations that offer:**

- Models for providing residents with holistic access to, and support from, the healthcare sector
- Programs and initiatives to fully engage residents in a health home model of care
- Programs and initiatives that promote physical activity for residents
- Integrated services for residents to access healthier food choices
- Resources and information to help residents leverage social support toward healthier living

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# Saint Luke's Foundation Healthy People Program Strategy

We catalyze and sustain opportunities to improve community health by promoting the health home model of care and reducing obesity.

## Inputs

Foundation Board and Staff

Foundation Grantees

Community

Partner Local and National Foundations

Public and Private Sector Partners

National Service and Advocacy Organizations

## Strategies

### Promote Health Home Models of Care

#### Short-Term Outcomes

##### Providers:

- Increase number of culturally competent healthcare workers
- Build infrastructure requirements of a health home model of care
- Identify technology and continuous improvement opportunities
- Collaborate with stakeholders, engage in learning communities and share data

##### Residents:

- Understand the health home model of care
- Know how and where to engage with a health home model of care
- Have established engagement within the health home model of care

#### Long-Term Outcomes

##### Providers:

- Grow staff capacity and competency for the health home model of care
- Increase technology in support of the health home model of care
- Improve communications and relationships between healthcare organizations
- Increase number of organizations that have health home designation/accreditation

##### Residents:

- Value and understand the utility of the health home model of care
- Seek out, are paired with or linked to health home providers
- Utilize health home models as primary source of healthcare (vs. emergency department)

**Residents have holistic access to and support from the healthcare sector, and they fully participate in a health home model of care**

### Reduce Obesity

#### Short-Term Outcomes

##### Communities:

- Include health policy on their agendas
- Create safe recreational environments (ex. walking and biking)
- Evaluate food and beverage content, size and placement

##### School districts:

- Enact standards for nutrition and activity
- Reduce availability of sugary beverages
- Increase physical education/activity
- Increase access to recreational activity

##### Residents:

- Engage in supportive activities that promote healthy living

#### Long-Term Outcomes

##### Communities:

- Create safer environments for physical activity
- Provide healthier food and beverage choices in public venues

##### School districts:

- Meet or exceed federal dietary guidelines for food/beverages
- Meet or exceed HHS Guidelines for Americans for physical activity of school

##### Residents:

- Maintain a healthy lifestyle

**Residents can access healthier food choices, engage in physical activities, leverage social support and work to reduce obesity**

## Impact

RESIDENTS ARE HEALTHIER

